Alvaro

Count: 80  Wall: 2  Level: Intermediate
Choreographer: Robbie McGowan Hickie & Karl-Harry Winson (UK) April 2015
Music: All In My Head by Alvaro Estrella (132 bpm – iTunes, Amazon)

#16 Count intro

1 – 3  Step Right to Right side. Cross rock Left over Right. Rock back on Right.
4&5  Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
6 – 8  Step forward on Right. Pivot 1/2 Left. Make 1/4 turn Left stepping Right Long step to Right side.

S2: Back Rock. 2 x Walks Forward. Forward Rock. Triple Full Turn Left.
1 – 2  Rock back on Left. Rock forward on Right. (12.00)
3 – 4  Walk forward on Left. Walk forward on Right.
5 – 6  Rock forward on Left. Rock back on Right.
7&8  Triple step making Full turn Left (on the spot) stepping Left. Right. Left. Or: Left Coaster Step

1 – 2  Step Right to Right side. Touch Left toe beside Right.
3&4  Kick Left Diagonally forward Left. Step Left beside Right. Cross step Right over Left.
5 – 7  Step Left to Left side. Touch Right toe across Left. Point Right toe out to Right side.
8  Touch Right toe behind Left - Lifting Right shoulder and dropping the Left and Look Down to Left side

1 – 2  Step Right to Right side. Hold.
&3 – 4  Step Left beside Right. Make 1/4 Right stepping forward on Right. Step forward on Left.
5 – 6  Pivot 1/2 turn Right. Make 1/4 turn Right stepping Left to Left side.
7 – 8  Rock back on Right. Rock forward on Left.

S5: Step. 1/2 Turn Right. Right Coaster. Step. 1/2 Turn Left. Left Shuffle 1/2 Turn Left.
1 – 2  Step forward on Right. Make 1/2 turn Right stepping back on Left.
3&4  Step back on Right. Step Left beside Right. Step forward on Right.
5 – 6  Step forward on Left. Make 1/2 turn Left stepping back on Right.
7&8  Left shuffle making 1/2 turn Left stepping Left. Right. Left. (6.00)

1&2  Step forward on Right. Raise both heels up. Lower both heels to floor. (Weight ends on Left)
3 – 4  Touch Right toe back. Make 1/2 turn Right taking weight on Right.
5 – 6  Step forward on Left. Hold.
&7 – 8  Step ball of Right beside Left. Step forward on Left. Scuff Right forward. (12.00)

S7: Rocking Chair. 2 x Walks Around. Turning Cross Shuffle. (Completing 1/2 Circle Turn Left).
1 – 4  Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.
5 – 6  Make 1/8 turn Left walking forward on Right. Make 1/8 turn Left walking forward on Left.
7&8  Cross step Right over Left. Step Left to Left side. Cross Right over Left (Gradually making 1/4 turn Left)

S8: 2 x Walks Around. Left Triple Step. (Completing 1/2 Circle Turn Left). Right Jazz Box Cross.
1 – 2  Make 1/8 turn Left walking forward on Left. Make 1/8 turn Left walking forward on Right.
3&4  Left Triple step turning 1/4 Left stepping Left. Right. Left. (12.00)

1 – 2  Long step to Right side. Drag Left towards Right.
&3 – 4  Step ball of Left beside Right. Cross step Right over Left. Long step Left to Left side.
5 – 6  Rock back on Right. Rock forward on Left.
7 – 8  Walk forward on Right. Walk forward on Left.

1&2&3  Pivot 1/2 turn Right. Left shuffle Diagonally forward Left stepping Left. Right. Left.
4 – 5  (Still on Diagonal) Step Right out to Right side (push hips Right). Step Left out to Left side (push hips Left)
6 – 7  (Straighten up to 6 o’clock) Step back on Right. Cross step Left over Right.
8&  Step Right to Right side. Close Left beside Right. (6.00)